

WHAT IS CLAIMED IS:

1. An oral composition comprising:
 - a.) at least two water soluble gums; and
 - b.) at least one peroxide compoundwherein the composition, when dried, contains less than about 10% of an hydroalcoholic component.
2. An oral composition according to Claim 1, wherein the concentration of the at least two water soluble polymers is from about 0.01% to about 10%.
3. An oral composition according to Claim 1, wherein the concentration of the at least one peroxide compound is from about 0.1% to about 20%.
4. An oral composition according to Claim 1 wherein the water soluble gum is selected from the group consisting of algin, alginic acid, alginate salts, camitine, carrageenan, dextrin, karaya gum , guar gum, gellan gum, irish moss, veegum (regular), tara gum, okra gum, gum arabic, acacia gum, amylopectin, pectina or pecitin, ghatti gum, natto gum, tragacanth gum, xanthan gum, sclerotium gum, kelp, locust bean gum, psyllium seed, tamarind gum, destria gum, chitosan, esters thereof, salts thereof and mixtures thereof..
5. An oral composition according to Claim 4 wherein the water soluble gum is xanthan gum, locust bean gum, carrageenan, dextrin, gum arabic and mixtures thereof.
6. An oral composition according to Claim 1 wherein the peroxide compound is selected from the group consisting of hydrogen peroxide, calcium peroxide, urea peroxide, carbamide peroxide, and mixtures thereof.
7. An oral composition according to Claim 6 wherein the peroxide is hydrogen peroxide.

8. An oral composition according to Claim 1 further comprising an active agent wherein the topical or systemic active is selected from the group consisting of additional whitening agents, antitartar agents, fluoride ion sources, antimicrobial agents, anesthetic agents and mixtures thereof.
9. A mono- or multi-layer film composition comprising at least one layer comprising:
 - a.) at least two water soluble gums and
 - b.) at least one peroxide compoundwherein the composition, when dried, contains less than about 10% hydroalcoholic components.
10. A film composition according to Claim 9 wherein the water soluble gum is selected from the group consisting of algin, alginic acid, alginate salts, camitine, carrageenan, dextrin, karaya gum, guar gum, gellan gum, irish moss, veegum (regular), tara gum, okra gum, gum arabic, acacia gum, amylopectin, pectina or pectin, ghatti gum, natto gum, tragacanth gum, xanthan gum, sclerotium gum, kelp, locust bean gum, psyllium seed, tamarind gum, destria gum, chitosan, esters thereof, salts thereof and mixtures thereof..
11. A film composition according to Claim 10 wherein the peroxide is xanthan gum, locust bean gum, carrageenan, dextrin, gum arabic and mixtures thereof.
12. A film composition according to Claim 9 wherein the peroxide compound is selected from the group consisting of hydrogen peroxide, calcium peroxide, urea peroxide, carbamide peroxide, and mixtures thereof.
13. A film composition according to Claim 12 wherein the peroxide is hydrogen peroxide.
14. An oral composition comprising:
 - a.) at least two water soluble gums; and
 - b.) at least one peroxide compound

wherein the composition, when dried, contains less than about 10% of an hydroalcoholic component and wherein the ratio of the water soluble gum to peroxide is at least about 1:25.

15. An oral composition according to Claim 14, wherein the ratio of water soluble gum to peroxide is from about 1:25 to about 1:5.
16. A method of whitening teeth comprising the step of applying to the teeth the oral composition of Claim 1.